

THIS IS TO CERTIFY THAT

EDWARD WALKER

HAS BEEN AWARDED

Focus Awards Level 2 Certificate in
Planning and Delivering Gym Based Exercise (RQF)

**This achievement included the successful completion of
the units detailed on the Unit Summary**

QRN: 603/5231/0
Centre Name: S8 Training
Date Awarded: 31/05/23
Candidate Number: 2223123
Certificate Number: RQF59671



Chief Executive
Focus Awards



Chair
Focus Awards



UNIT SUMMARY

EDWARD WALKER

Has achieved the following units for the

Focus Awards Level 2 Certificate in
Planning and Delivering Gym Based Exercise (RQF)

UNITS ACHIEVED

		Level	Credits
Y/617/8588	Principles Of Health And Wellbeing For Exercise, Fitness And Health	2	4
D/617/8589	Anatomy Physiology And Kinesiology For Exercise And Health	2	6
Y/617/8591	Principles Of Professional Practice And Health And Safety In A Fitness Environment	2	2
D/617/8592	Planning Professional Practice With Effective Consultations And Assessments For Gym-based Exercise Sessions	2	4
H/617/8593	Instructing Professional Practice And Effective Exercise Supervision In Gym-based Exercise Sessions	2	6
R/617/8590	Know How To Support Clients Lifestyle Management And Enhance Client Motivation For Exercise And Physical Activity	2	2

Focus Awards, Silicon House, Farfield Park, Manvers, Rotherham, South Yorkshire, S63 5DB

☎ 0333 344 7388

|

✉ info@focusawards.org.uk



✓ Verify authenticity at
www.focusawards.org.uk/verify